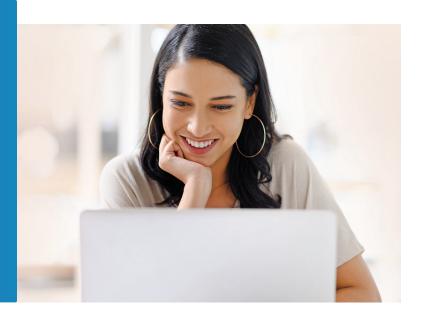
Employee Assistance

How to Contact EAP



When you need someone to talk to, Mutual of Omaha's Employee Assistance Program is there to help provide resources to assist with personal and job-related issues.

Two Ways to Request EAP Services



1. The EAP team is available by phone 24 hours a day, seven days a week. Call today at 800-316-2796.



- 2. New Online Service Request Form
 - a. Go to the EAP website mutualofomaha.com/eap
 - b. Click on the Request Services button located near the phone number
 - c. Provide your company name, demographic information and the reason for seeking assistance
 - d. Click submit



For over 25 years, Mutual of Omaha's in-house EAP has been staffed by licensed, master's level counselors. Our exclusive provider network and personalized provider matching allow us to quickly get you the help you need.

